



SPERMIVA
LIFE SCIENCES

READY TO START YOUR FAMILY ?

ERO-Gro + ERO-Flo Science-Backed Male Fertility Support

Understanding Sperm Health
Your Complete Guide to **Male Fertility**

What Are Sperm?

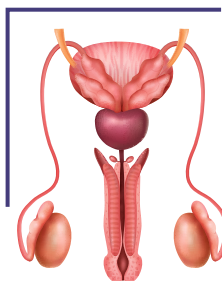
The Basics

- Sperm are Microscopic cells Produced in the Testicles
- Carrying male genetic material essential for creating life.



Production takes from Start to Mature Sperm.

The Journey



Tastes :

Where Sperm are Made

→ **Epididymis** →

Where Sperm
Mature
(10 Days)

Vas Deferens :

Transport During Ejaculation

HEALTHY SPERM PARAMETERS

For Optimal Fertility, Sperm Should Meet these Parameters :

PARAMETERS	NORMAL RANGE
COUNT	>15 Million / MI
MOTILITY	>40% Moving
MORPHOLOGY	4% Normal Shape
VOLUME	1.5-6 MI

ERO-FLO

TABLET

FOR SPERM MOTILITY & DNA INTEGRITY

Ero-Flo focuses on improving sperm motility (movement) and protecting the genetic material within the sperm. This is vital for the sperm's ability to reach and fertilize an egg. Its key components are:



- L-Carnitine:** An amino acid that provides energy to sperm cells, dramatically improving their motility.
- Coenzyme Q10 (Co-10):** Supports cellular energy production and acts as a powerful antioxidant, protecting sperm health.
- Vitamin E & Selenium:** A synergistic antioxidant duo that safeguards sperm DNA from damage and enhances overall sperm health.
- Lycopene:** A potent antioxidant found to improve sperm concentration, motility, and morphology.
- Resveratrol:** An antioxidant that helps protect against oxidative stress and supports cellular health.
- Vitamin D3:** Also included in this formula to further support hormone balance and sperm function.

ERO-GRO

TABLET

FOR SPERM QUALITY & COUNT

Ero-Gro is designed to enhance sperm quality, increase sperm count, and protect overall reproductive health. Key ingredients and their benefits include:



- Vitamin C:** A powerful antioxidant that protects sperm from oxidative damage.
- N-acetyl Cysteine:** Supports the production of glutathione, which helps reduce oxidative stress in the body.
- Ubiquinol (Active CoQ10):** Enhances sperm energy and motility.
- Protodioscin:** A natural compound that helps boost testosterone levels, which are vital for sperm production.
- Astaxanthin:** An extremely potent antioxidant that significantly improves sperm function.
- Zinc:** Crucial for sperm development, maturation, and maintaining healthy testosterone levels.
- Vitamin D3:** Plays a role in hormone regulation and improving sperm motility.

YOUR SUCCESS FORMULA



OPTIMAL SPERM HEALTH & FERTILITY

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LIFESTYLE TIPS FOR OPTIMAL FERTILITY

DO THIS

- ✓ **Eat Smart:** Antioxidant-rich foods (berries, nuts, fatty fish, leafy greens)
- ✓ **Exercise Regularly:** 3-5x weekly, Moderate intensity
- ✓ **Sleep Well:** 7-9 hours nightly
- ✓ **Manage Stress:** Meditation, yoga, deep breathing
- ✓ **Stay Hydrated:** 8-10 glasses of water daily
- ✓ **Dress Smart:** Loose-fitting, Breathable Underwear
- ✓ **Supplement wisely:** ERO-Gro + ERO-Flo daily

AVOID THESE

- × Smoking and Excessive Alcohol
- × Hot tubs, Saunas, Prolonged hot baths
- × Laptop directly on lap
- × Tight Clothing and Underwear
- × Recreational Drugs
- × Prolonged sitting without breaks
- × Environmental toxins (pesticides, BPA plastics)

The Challenge :

Getting optimal amounts through Diet alone is difficult.

The Solution :

ERO-Gro + ERO-Flo Provide targeted, therapeutic doses of these critical nutrients.

Why Choose SPERMIVA's ERO System?

Science-Backed Excellence

- 🔬 **Research-Driven :** Every ingredient supported by clinical studies
- 🔬 **Therapeutic Doses :** Not just "token amounts"—real, effective dosages
- 🔬 **Premium Quality :** Carefully sourced, rigorously tested
- 🔬 **Synergistic Formulas :** Ingredients work together for maximum benefit
- 🔬 **Trusted Expertise:** Created by andrologist and specialists in male fertility

When to Seek Help ?

Consult a healthcare professional if :

- Trouble conceiving (12+ months)
- Low sperm count/motility
- Testicular pain or lumps
- Erectile or ejaculation problems
- Low libido or hormonal issues
- Past surgery or infections

For Expert Consultation
and Personalized Care, Our Clinical Partner
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Scan & Visit Our Website



Your Health Matters. Take The First Step Toward Empowered
And Informed Reproductive Care.

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